 APPROVED USE
Otezla® (apremilast) is a prescription medicine approved for the treatment of patients with moderate to severe plaque psoriasis for whom phototherapy or systemic therapy is appropriate.

IMPORTANT SAFETY INFORMATION
Do not take Otezla® if you are allergic to apremilast or to any of the ingredients in Otezla.
Otezla can cause severe diarrhea, nausea, and vomiting, especially within the first few weeks of treatment. Use in elderly patients and the use of certain medications with Otezla appears to increase the risk of having diarrhea, nausea, or vomiting. Tell your doctor if any of these conditions occur.

Otezla is associated with an increase in depression. In clinical studies, some patients reported depression and suicidal behavior while taking Otezla. Some patients stopped taking Otezla due to depression. Before starting Otezla, tell your doctor if you have had feelings of depression or suicidal thoughts or behavior. Be sure to tell your doctor if any of these symptoms or other mood changes develop or worsen during treatment with Otezla.

Some patients taking Otezla lost body weight. Your doctor should monitor your weight regularly. If unexplained or significant weight loss occurs, your doctor will decide if you should continue taking Otezla.

Some medicines may make Otezla less effective, and should not be taken with Otezla. Tell your doctor about all the medicines you take, including prescription and nonprescription medicines.

Side effects of Otezla include diarrhea, nausea, vomiting, upper respiratory tract infection, tension headache, and headache. These are not all the possible side effects with Otezla. Ask your doctor about other potential side effects. Tell your doctor about any side effect that bothers you or does not go away.

Tell your doctor if you are pregnant, planning to become pregnant or planning to breastfeed. Otezla has not been studied in pregnant women or in women who are breastfeeding.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-332-1088.

Please click here for Full Prescribing Information.
For more information about Otezla, visit www.otezla.com.

DOCTOR DISCUSSION GUIDE

The questions below can help you create your own discussion guide so that you can share your answers with your doctor.

Self-assessment
1. During the last week, how red, thick, and/or scaly has your skin been?
   ○ Very much  ○ A lot  ○ A little  ○ Not at all
2. During the last week, how much impact has plaque psoriasis had on the clothes you wear?
   ○ Very much  ○ A lot  ○ A little  ○ Not at all
3. How would you rate your plaque psoriasis symptoms?
   ○ Moderate  ○ Severe

Questions to ask your doctor
1. How can Otezla® (apremilast) help me?
2. How does Otezla work?
3. What is the most important information I should know about Otezla?
4. How long do I need to take Otezla before I see results?
5. Can I take Otezla with other medicines I am taking?
6. What are the common side effects of Otezla?
7. What should I do if I have side effects?

Tips for talking to your doctor
- Explain all the symptoms you are having
- Share how plaque psoriasis is having an impact on you
- Keeping track of your symptoms can help your doctor find the right treatment for you.
  You may want to start a diary
- The more you can tell your doctor, the more he or she can help you

Please see Approved Use and Important Safety Information to the right.